

SENIOR ADULT MINISTRY

Adult Center along with New Horizons is a ministry to Senior Adults. Together we offer a wide range of activities designed to minister to the physical, emotional, social and spiritual needs of seniors. There are opportunities to use your



giftedness to serve others in the Kingdom of God. For additional information about Adult Center or New Horizons please visit the information center on Sunday mornings or contact leaders listed below:

Adult Center:
Oscar Kreis 562 690-3729

New Horizons:
Sharon Shutes 626 388-7396

WACC Walkers:
Linda Walvoord 626 964-0217

ADULT CENTER

CONTACT INFORMATION

Oscar Kreis at 562.690.3729

YOU ARE CORDIALLY INVITED... to participate Wednesdays for eight weeks per session in this exciting program for adults. Stimulating classes have been arranged for your enjoyment.

The Adult Center Program provides a warm and friendly environment in which to bring your friends and become better informed on a variety of subjects.

From 10:30–11:00 am assorted snacks and coffee or tea will be available between classes to socialize and build friendships.



Wednesday Morning Schedule

In the Gymnasium

8:45 Registration

9:00 Welcome, Inspiration, Announcements

9:30 -10:30 First Hour Classes

10:30 – 11:00 Snacks and Fellowship

11:00 – 12:00 Second Hour Classes

ADULT CENTER
Wednesdays
9:00am—Noon
Gymnasium



Starting on:
Sept 11 - Nov 14, 2019

The Adult Center is a ministry of
Whittier Area Community Church
8100 Colima Road
Whittier, CA 90605
562-945-4500

www.wacc.net

2 Hour Classes:

Oil Painting (2hrs.)

Introduction to impressionistic oil painting, in an environment where basic techniques can be learned and developed. Fostering a joy for painting. Participants are responsible for buying their own supplies.

Computer Instruction: (2hrs.)

Take the mystery out of computers. Hands on instructions from basics to advanced use of IBM PC models only. (No Apple)

Facilitator: Joe Risse

Scrapbooking 101 (2hrs)

Participants can enjoy a refreshing opportunity to put their pictures in a memory book. Offered in conjunction with the Genealogy Class. Minimal cost for supplies.

Facilitator: Paula Morris Schattilly

Watercolor and Drawing (2hrs)

Participants have a chance to enjoy watercolor and drawing techniques. Supplies will need to be provided by participants.

Table Games (2hrs)

Games are a great way to help keep you mentally sharp. A time for social interaction with friends and fun.

Facilitator: Jim Callen

Knitting and Crocheting

Choose whether you want to knit or crochet. Instruction and inspiration are provided by our fellow participants.

1st Hour Classes 9:30-10:30AM

Creative & Life Writing

This class will help you work on projects that matter most to you.

Facilitator: Betty Emery

2nd Hour Classes 11:00-12:00PM

Balance and Strength Exercise

Traditional exercises, modified Tai-Chi and Yoga for Seniors and older adults. DVD instruction by Jane Adams

European Travel

Come learn about cities, culture, and geography of various European countries. Each week we will watch a 25 min video followed by discussion.

Facilitator: Chris Nord

Fabric Fun

Create items to decorate your home and make gifts for your family and friends. Field trips or simple charity sewing may be planned. Instructions and patterns will be provided. Minimal cost for supplies.

Facilitator: Sharon Schroeder

Genealogy

Get to know your ancestral history through research, interviews, census, vital records and getting it organized. Offered with scrapbooking class.

Facilitator: Bonnie Morris

Please fill out and return to the
Adult Center in the gym
or mail to Adult Center at
WACC 8100 Colima Road, Whittier CA 90605

Name _____

Spouse's Name _____

Address _____

City _____ Zip _____

Phone Number () _____

Date _____

Email Address: _____



I would like to enroll in the following

1st Hour _____

2nd Hour _____

Spouse's Choice

1st Hour _____

2nd Hour _____