

What to Bring When it is Your Turn to Bring the Treats for Games

We need a treat that can be handed out and consumed after the game, a drink of juice and "reward treat". Let's try to stay away from candy bars. Also, those expensive "energy bars" ("sports bars", "nutrition bars", etc.) are just expensive candy bars.

In addition to bringing enough treats for each team player, you may also want to include extra helpings for players who are particularly tired/hot drinks/treats for siblings who come to support the game. This is totally up to you.

This can be your child's choice of treat, as he/she will be passing them out to the team. Individually wrapped items are preferred.

Here are some suggestions:

- Oranges
- Grapes
- Watermelon
- Strawberries
- Apple slices
- Carrots
- Chips
- Crackers
- String Cheese
- Yogurts

Cold drinks for after the game. One per player. Juice bags, cans, or boxes are great as are individual small bottles of water. Not necessary to buy those expensive athletic drinks (e.g., Gatorade. Avoid carbonated beverages.

Roll of paper towels or paper napkins

Trash bags (You are in charge of collecting the garbage from players and reminding them not to leave their trash on the field.)

Reminder: Whoever is in charge of snacks for that game, is also responsible to manage the snack shack for half of the game. Home team - 1st half. Visiting team - 2nd half.

"WHEN is it MY turn to bring treats?" See the Roster/ Schedule for your team.